Camp Gan Israel COVID-19 Parent Handbook Supplement



How will Camp Gan Israel be different this summer?

COVID-19 Prevention Plan For all Staff, Campers, Parents & Visitors

Safety First! While we are excited to offer day camp, We continue to place safety as our primary concern.

Please read this carefully to prepare yourself for the safety protocol.

(All guidelines are subject to change based on updated CDC, state & local guidelines)

Prepared under the guidelines of:
The County of Wake County Public Health Department
&
Chabad of the Carolinas

Updated June 20, 2021

Camp Gan Israel of Raleigh

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Camp Gan Israel Raleigh COVID-19 Quick Resource Guide:

- Your staff are trained to keep camp safe and fun. You're in great hands at CGI!
- · Our camp day will be from 9:00-3:30.
- · Come to Camp healthy. If you are not feeling well, stay home.
- Unvaccinated Staff & Campers will be required to wear a mask and/or face shield while indoors.
- · Share less, disinfect when you need to.
- We'll be outdoors as much as practical (As per CDC guidelines we will not enforce mask use outdoors).
- · Wash hands & surfaces often.
- Entire camp will have fun as a unit.
- · Stay 3 feet away from others to keep to social distancing protocols.

There's more... Keep reading!



1. General Measures

- Camp Gan Israel continues to stay current with the ever-changing health environment by continuing to:
 - Regularly review updated guidance from state agencies, including the North Carolina Department of Public Health.
 - Update and receive guidance from the Camp Gan Israel Medical and Safety committees.
 - o Review and implement recommendations from the American Camp Association.
 - o Review and implement recommendations from Chabad of the Carolinas.
- CGI is a branch of Chabad of Raleigh who are also following the guidance presented here in their use of the facility.
- CGI has a plan for the possibility of repeated closures, G-d forbid, if persons associated with the facility or in the community become ill with COVID- 19.
- Whenever possible, individuals will be outdoors, and socially distanced from each other. (being cognizant of the Carolina summer conditions) Please read the guidelines below for the specifics of this plan.



2. Promote Healthy Hygiene Practices

 Staff, campers and their families need to stay home if they have symptoms of COVID-19, or have recently had close contact with a person with COVID-19.
 They may return to camp after 72 hours of no symptoms, or with a negative COVID-19 test. (A Doctor's note confirming either may be required).

Symptoms include, but are not limited to:

- o Fever or chills
- o Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- o Sore throat
- o Nausea, vomiting, or Diarrhea
- Campers and Staff are taught and reminded about <u>washing hands</u>, avoiding <u>contact with one's eyes, nose, and mouth</u>, and <u>covering coughs and</u>

sneezes.

- We teach campers and staff to:
 - Use tissues to wipe their nose and to cough/sneeze inside a tissue or their elbow.
 - Wash their hands before and after eating; after coughing or sneezing; after being outside; and before and after using the restroom.
 - o Campers and staff should wash their hands for 20 seconds with soap, rubbing thoroughly after application, and use paper towels (or single- use cloth towels) to dry hands thoroughly.
 - Staff should model and practice handwashing. For example, for younger campers, use bathroom time as an opportunity to reinforce healthy habits and monitor proper handwashing.
 - o Campers and staff should use hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers.
 - o Children under age 9 should use hand sanitizer under adult supervision. Call Poison Control if consumed: 1-800-222-1222.
 - Cloth face coverings are encouraged for non-vaccinated staff and campers, especially when full measure physical distancing is not practicable (within their bunk - e.g. hands on projects that need a bit more guidance).
 - o CIT's Those that are vaccinated will not be required to wear a mask.
 - o Campers are encouraged to use cloth face coverings and/or face shields.
 - o Camp staff and campers should be frequently reminded not to touch the face covering and to <u>wash their hands</u> frequently.
 - o Signs are posted to educate staff and campers on the <u>proper use</u>, <u>removal and washing of cloth face coverings</u>.



3. How will Bunks increase safety?

o Each bunk will have it's "home base" where they will conduct activities.

- o Each camper will have a cubby or "box" to store their personal equipment.
- o Sending a water bottle with your child is the most efficient way to keep them safe from shared germs and hydrated.
- Cleaning of objects and equipment, such as toys, games and art supplies, to the extent practicable, clean and disinfect between uses.



4. Implementing Distancing

ARRIVAL AND DEPARTURE

- Arrival procedures:
 - Parents upon arrival will be greeted by a staff member.
 - Children will be escorted to the line up area.
 - Hand sanitizer is available at the check in location, at each bunk's "home base" and in the bathrooms.
 - o Any child, parent, caregiver or staff showing symptoms of COVID-19 may not come to camp. Please indicate on your child's health history form if the child has a history of allergies, which would not be a reason to exclude.
 - o Staff and campers will be monitored throughout the day for signs of illness; Campers and staff with a fever of 100.4 degrees or higher, cough or other <u>COVID-19 symptoms</u> will be sent home. Parents should be available to pick up campers within 30 minutes if necessary.
 - o Camp will be going on trips this year, we will require the campers to wear masks in the vehicles & to follow all rules of the locations that we visit.

RECREATIONAL SPACE

- CGI will establish separation of campers who are not siblings through every means practical, for example, 3-6 feet between seats, markings on floors to promote distancing, and arranging seating in a way that minimizes face-to-face contact.
- Activities have been selected that work for smaller groups, and where sharing
 equipment is usually not necessary. Our room setup has been rearranged to
 allow for separation. Activities will be held outdoors as often as practical.

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During camp hours the camp will be closed to any non-essential visitors.
 Only essential visitors will be allowed in camp, and every effort will be made to maintain social distancing. Masks are required and provided for all visitors who are not vaccinated.

MEALS

- Campers bring their own pre-packaged lunches in disposable lunch bags.
 Lunch will be eaten in each bunk's "Home Base", with campers seated 3-6 ft. apart, not in a communal lunch room. Disposable lunch bags will be kept in the camper's "box" and discarded at the end of each day if not taken home.
- Use disposable food service items (e.g., utensils and plates). If disposable items
 are not feasible, ensure that all non-disposable food service items are handled
 with gloves and washed with dish soap and hot water or in a dishwasher.
 Individuals should wash their hands after removing their gloves or after directly
 handling used food service items.
- Snacks served by camp will be fruit or individually wrapped / prepared items.



5. Train All Staff and Families

Train all camp staff and families in the following safety actions:

- o Enhanced sanitation practices
- o Physical distancing guidelines and their importance

 Proper use, removal and washing of cloth face coverings.
- Screening practices
- o COVID-19 specific exclusion criteria
- Rabbi Mendy Wilschanski is responsible for responding to COVID-19 concerns.
 He can be contacted on his cell phone 917-406-6826 or at rabbimendy@jewishraleigh.org



Plan for When a Staff Member, Child or Visitor Becomes Sick

- Behind the social hall by the back entrance is our isolation area to separate anyone who exhibits symptoms of COVID-19.
- Any campers or staff exhibiting symptoms must immediately wear a face

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- covering and wait in the area behind the social hall until they can be transported home.
- For serious injury or illness, call 9-1-1 without delay. Seek medical attention if COVID-19 symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face. Call the Camp Director as soon as you confirm that EMS are on the way.
- Rabbi Mendy Wilschanski will notify local health officials, staff, and all families immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws.
- Any areas used by any sick person must be immediately closed and not used before cleaning and disinfection. To reduce risk of exposure, wait 24 hours, or as long as practical, before you <u>clean and disinfect</u> as per procedures above.
- Advise sick staff members and campers not to return until they have met CDC and local government criteria to discontinue home isolation, including 3 days with no fever, symptoms have improved and 10 days since symptoms first appeared exceptions to this rule will apply based on these guidelines here and a Dr that signs off on the child's health.
- Campers are encouraged to not attend other programs during their Camp Gan Israel attendance to further reduce the number of people interacting with our camp population.



7. Maintain Healthy Operations

- All illnesses and symptoms among your camp staff and campers will be recorded in the Camp Health Log to help isolate them promptly.
- Rabbi Mendy Wilschanski is the staff liaison for responding to COVID-19 concerns. He can be contacted on his cell phone 917-406-6826 or at rabbimendy@jewishraleigh.org
- Parents and staff can self-report symptoms and illness to Rabbi Mendy Wilschanski. Parents will be notified by email and text message if their child has been exposed to COVID-19 G-d forbid at CGI. Confidentiality of the identity of campers and staff will, of course, be strictly maintained.
- Please be advised that CGI will continue to follow the guidance of the Public Health Department of Wake County and follow their recommendations regarding future closures or updated policies or procedures as guided by our

medical advisory board. These policies and/or closures may happen with little or no notice.

Looking forward to an amazing summer with your child!